

July 2024 LAP LANE SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
Calendar subject to change!	FAST=5:30-7:30 LC MA=8:00-10:00 AM FAST=8:00-9:30AM FAST=6:00-7:30 PM	FAST=5:30-7:30 AM MA=8:00-10:00 AM FAST=8:00-9:30AM FAST=6:00-7:30 PM	FAST=5:30-7:30 LC MA=8:00-10:00 AM FAST=8:00-9:30AM No FAST	CLOSED	No FAST MA=8:00-10:00 AM	
7	8	9	10	11	12	13
CLOSED	FAST=5:30-7:30 LC MA=8:00-10:00 AM FAST=8:00-9:30AM FAST=6:00-7:30 PM	FAST=5:30-7:30 AM MA=8:00-10:00 AM FAST=8:00-9:30AM FAST=6:00-7:30 PM	FAST=5:30-7:30 LC MA=8:00-10:00 AM FAST=8:00-9:30AM FAST=6:00-7:30 PM	FAST=5:30-7:30 AM MA=8:00-10:00 AM FAST=8:00-9:30AM FAST=6:00-7:30 PM	Cornhusker State Games POOL CLOSED	Cornhusker State Games POOL CLOSED
14	15	16	17	18	19	20
Cornhusker State Games POOL CLOSED	FAST=5:30-7:30 LC MA=8:00-10:00 AM FAST=8:00-9:30AM FAST=6:00-7:30 PM	FAST=5:30-7:30 AM MA=8:00-10:00 AM FAST=8:00-9:30AM FAST=6:00-7:30 PM	FAST=5:30-7:30 LC MA=8:00-10:00 AM FAST=8:00-9:30AM FAST=6:00-7:30 PM	FAST=5:30-7:30 AM MA=8:00-10:00 AM FAST=8:00-9:30AM FAST=6:00-7:30 PM	FAST=5:30-7:30 LC MA=8:00-10:00 AM FAST=8:00-9:30AM LC=5:00-7:30 PM	
21	22	23	24	25	26	27
CLOSED	FAST=5:30-7:30 LC MA=8:00-10:00 AM FAST=8:00-9:30AM FAST=6:00-7:30 PM	FAST=5:30-7:30 AM MA=8:00-10:00 AM FAST=8:00-9:30AM FAST=6:00-7:30 PM	FAST=5:30-7:30 LC MA=8:00-10:00 AM FAST=8:00-9:30AM FAST=6:00-7:30 PM	FAST=5:30-7:30 AM MA=8:00-10:00 AM FAST=8:00-9:30AM FAST=6:00-7:30 PM	FAST=5:30-7:30 LC MA=8:00-10:00 AM FAST=8:00-9:30AM LC=5:00-7:30 PM	
28	29	30	31			
CLOSED	FAST=5:30-7:30 LC MA=8:00-10:00 AM FAST=8:00-9:30AM FAST=6:00-7:30 PM	FAST=5:30-7:30 AM MA=8:00-10:00 AM FAST=8:00-9:30AM FAST=6:00-7:30 PM	FAST=5:30-7:30 LC MA=8:00-10:00 AM FAST=8:00-9:30AM FAST=6:00-7:30 PM		SC=SHORT COURSE LC=LONG COURSE	MA=MASTER'S SWIM TEAM FAST = FREMONT AREA SWIM TEAM LTF=LIFE TIME FITNESS

