



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

# **Fremont Family YMCA Youth Sports FAQ**

**Q: How do I sign my child/children up?**

**A: In person at the welcome desk or online at <https://register.fremontfamilyymca.org/>**

**Q: What sports are offered throughout the year?**

**A: Currently, the Fremont Family YMCA offers Flag Football (Fall and Spring), Volleyball (Fall and Spring), Basketball (Winter), Soccer (Winter) and Tumbling (Coming in Fall 2023)**

**Q: When should we hear from the coach?**

**A: We hold a mandatory coach's meeting prior to the start of the season. Coaches will receive their roster and are encouraged to get in contact with players & parents as soon as possible by phone, email, or text with details about the upcoming season.**

**Q: When are practices held?**

**A: Practices are determined by the coach and are recommended to be once a week for one hour.**

**Q: Where do I get the shirt or jersey?**

**A: Coaches will be in charge of distributing uniforms once they arrive. Each participant will get a shirt or jersey, depending on the sport, in the size selected at sign-up.**

**Q: What happens in the event of bad weather?**

**A: If the weather is too bad, we will cancel in the best interest of the children's safety. Cancellations due to weather will be posted on our website, [fremontfamilyymca.org](https://fremontfamilyymca.org), on our app (Fremont Family YMCA), on Facebook, and via emails.**

**Q: What is the reschedule policy?**

**A: Make-up games will not always be possible, but we will do our best to reschedule as time and space allows.**

**Q: Whom do I contact with any other sports related questions?**

**A: You can contact Jayden Rannells via email at [jaydenr@fremontfamilyymca.org](mailto:jaydenr@fremontfamilyymca.org) or by phone at 402-721-6952.**

**FREMONT FAMILY YMCA**